

# Download Snack Ideas For Nursing Home Residents

## 10 Gift Ideas for Nursing Home Residents | WeHaveKids

Residents at the skilled nursing facility where my Mother and Auntie live were asked to fill out tags for their Christmas tree wish list. These were some of the top requests: The gift of your time and a nice long visit, perhaps, to share a meal with them. Soft smelling lotions like Lubriderm; cologne spritzers.

## Choosing Snacks Seniors Will Eat and That Meet Their ...

Here are some examples of nutritious snacks your senior may like: Greek yogurt with fruit. Cheese and crackers. Sandwiches made with deli meat like chicken breast. Granola bars or breakfast bars. Fresh fruit or fruit/vegetable juice blend beverages. Nuts or trail mix. Vegetables and dip.

## Great Snack Ideas for Elderly | LoveToKnow

Snacks for the Elderly. Here are some healthy snack ideas for the elderly: Precut Veggies. A mixed bag of broccoli, carrots and cauliflower are a colorful treat, packed with essential vitamins. Make a tasty dip to dollop on, or eat them as is.

## Gift ideas for nursing home residents

Gift ideas for nursing home residents. Consider purchasing clothing items that are easy to wear, such as jogging suits and cardigan sweaters. Also, because of swallowing difficulties and restrictive diets, readers are advised to not send food items such as candy, cookies and fruit. If a nursing home resident has Alzheimer's or a related dementia,...

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recipes for nursing home What others are saying 3 cups sugar 6 tablespoons butter or margarine cup evaporated milk ounce can) 2 cups semi sweet chocolate chips ounce bag) 1 jar oz) Jet Puffed Marshmallow Creme 1 teaspoon vanilla 1 cup chopped walnuts (optional)

## 10 Fun Things to Do with Someone in a Nursing Home or ...

Having some ideas in mind and bringing activities with you can make visiting fun and positive. To make your next visit a big success, we've rounded up 10 fantastic, senior-friendly things to do with someone in a nursing home or assisted living.

## Feeding Residents and Patients

enter an assisted living or a nursing home so that they can be helped with eating. Eating is a basic activity of daily living (ADL). Nursing assistants most often provide this needed help. People that are blind or have poor vision need help with eating too. They may need help to cut their food, open their drinks and some other special help.

## **20 Great Ideas for Nursing Home Activities | LoveToKnow**

Thankfully, several fun and engaging activities, such as games, gardening, and ice cream socials, are perfect for nursing home residents. Activities for Nursing Home Residents The biggest challenge for any recreational therapist lies in matching the right activity to each resident's individual physical and cognitive capabilities.

### **Cooking Activity Ideas for Seniors & the Elderly**

8 Hot and Cold Drinks to Share in Good Company. In nursing homes and other long term care facilities, the morning and afternoon coffee breaks are very special times when residents may welcome relatives and visitors to enjoy a cup of tea or coffee; strengthen friendships, and catch up with peers and staff.

### **Best Practices for Food Services in Senior Living**

Standards of Food Service in Nursing Homes and Senior Living Facilities. Making food available 24 hours a day is a huge step in assuring person-centered care. Some homes build small kitchenettes on each unit and have it stocked with food that residents would want to eat any time of the day, such as fresh fruit, vegetables, yogurt, ice cream, cookies,...